



Embrace. Embody. Empower.  
with Merav Richter

## MERAV RICHTER Speaker Kit

The Ecstatic  Movement

It started at the World Peace Summit in Vancouver in 2009. That is when I heard the Dalai Lama say that "the world will be saved by the Western Woman".

In that moment I got a full body shiver. I had goosebumps. The hair on the back of my neck stood on end. I knew that the Dalai Lama did not mean some subjective version of the Western Woman. I knew that he did not mean Oprah Winfrey, or Hilary Clinton, or Condoleeza Rice. I knew he wasn't referring to some version of a Western Woman heroine, red-caped and possessing super powers, flying in to save humanity.

I knew, in that moment, that what the Dalai Lama meant was a voice.

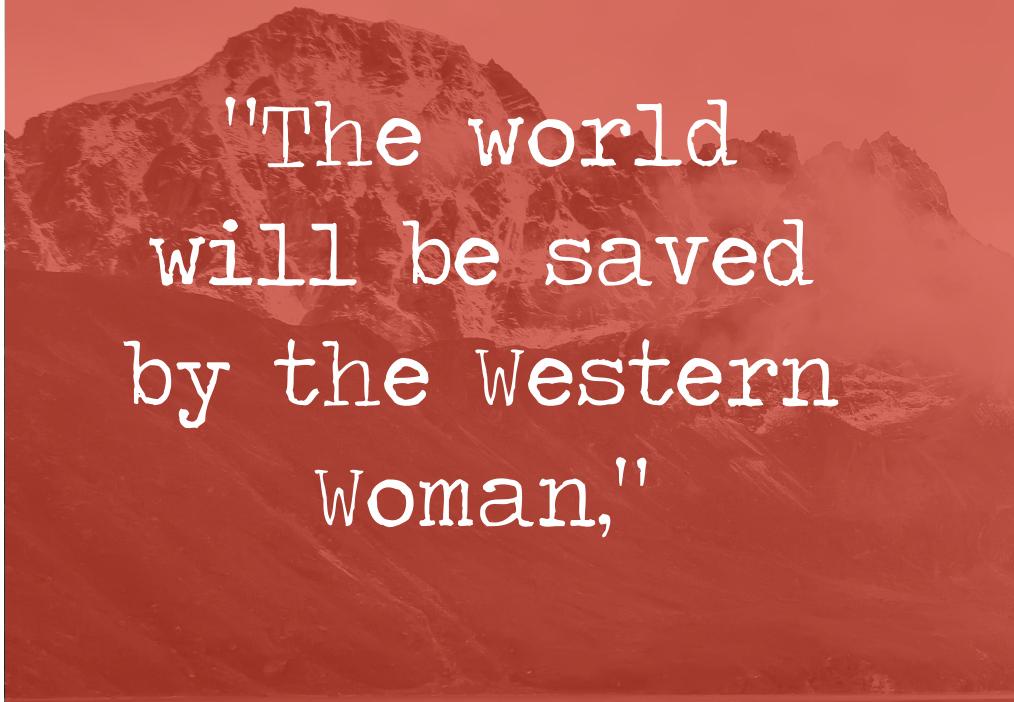
I began to write. This was the beginning of a three-year pursuit into the feminine mysteries and the start of a movement to empower brave ecstatic women around the world. In a time when so many feel overworked, overweight, overwhelmed, and over it; my latest novel, *Brave Ecstatic Woman*, teaches how to achieve ecstasy in life by applying sacred knowledge and spirituality to the practical realities of modern-day womanhood.

Does "balance" truly exist in our fast-paced world?  
Where is the "feminine" in the new era of feminism?  
What can ancient mythology teach us about relationships today?

Come with me to discover the mystical secrets of the divine feminine...

XO  
Merav

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"The world  
will be saved  
by the Western  
Woman,"

- Dalai Lama

MERAV RICHTER SPEAKER KIT

# Bio



## Embrace. Embody. Empower. with Merav Richter

Merav Richter is the vivacious hero for brave ecstatic living. Author, career woman, entrepreneur, philosopher, mystic, poet, dancer, traveler, adventurer, performer... In today's fast-paced, success-driven world, Merav is championing a new standard in personal fulfillment - ecstasy!

Through her new book, *Brave Ecstatic Woman*, and her online community of the same name, Merav inspires women around the world to ignite their feminine essence and experience ecstasy in their everyday lives. She is a Best-Selling Author, speaker, and life-long scholar with in-depth knowledge of ancient and modern-day philosophy, mysticism, spirituality, peace training and the divine feminine.

Merav didn't always live a life that others pined for. Not many years ago, she considered herself your average overworked, undervalued, slightly plump, suburban wife and mother. Though she worked in her childhood dream career as a flight attendant, she was far from fulfilled and all she knew about ecstasy was that it was a drug that people took at raves.

As the stresses and perceived limitations of her life closed in on her, Merav was struck by the words of the Dalai Lama at the 2009 World Peace Summit in Vancouver, "The world will be saved by the Western Woman".

In that moment, she became inspired to reconnect with that curious, rebellious, euphoric, powerful little girl she once was. This was the beginning of a three-year pursuit into feminine mysteries through the study of sacred knowledge, mysticism, and her own personal feminine powers.

Merav didn't need to overhaul her life to find a sense of freedom and ecstasy within it. Today, she works the same job - proudly serving a major Canadian airline through 20 years as a flight attendant and corporate trainer. She is still a wife and a devoted mother in Toronto, Canada. And within her "suburban responsibilities", Merav has created her own version of the freedom lifestyle. She has integrated ancient wisdom and crafted new practices to embrace, embody and empower her own divine feminine essence in today's pre-dominantly masculine paradigm, which values "success" over creation, connection and expression.

Through her writing, speaking and community building, Merav is committed to shifting the paradigms, bridging into a new conscious evolution of humanity, and to enjoying the journey. *Brave Ecstatic Woman* is her third novel. Visit her at [www.meravrichter.com](http://www.meravrichter.com)

MERAV RICHTER SPEAKER KIT

# Keynote Topics

Through her hypnotic storytelling, inspiring personal journey and wealth of sacred knowledge, Merav Richter inspires and educates audiences to embrace their own personal power for the ultimate fulfillment and success in the modern world.

AUDIENCE: Women, Mainstream Motivational

## The Ecstatic Movement

**Create a life you love without dropping your job, your values or your dress size!**

So many of us today feel overworked, overwhelmed, over-weight and over it. When searching for personal fulfillment, why aim for “balance” when we can find ECSTASY! Through her books and influential online community, Merav Richter is leading a movement toward brave ecstatic living. She teaches how to reconnect with our feminine essence and find the ultimate fulfillment in our hyper-masculinized world.

### Highlights:

- Ecstasy is the new ideal for “fulfillment” in today’s fast-paced lifestyle.
- In our hyper-masculinized world, women have lost their connection to the power of their feminine essence, and therefore feel drained of their vital energy.
- Learn how to go from low energy, low libido and lacklustre so that you are lit up from within.
- Learn how to go from stuck to sexy.
- Gain real, tangible techniques for more abundance, juiciness and creativity.

**“LOVE YOURSELF.**  
**THAT IS THE**  
**SEXIEST THING**  
**A WOMAN CAN**  
**DO.”**



# Keynote Topics

AUDIENCE: Women, Spiritual

## Go from Good Girl to Goddess

**The New Face of Feminine: How to use the ancient feminine secrets to become magnetic, magnificent and memorable.**

### Highlights:

- Throughout history, some women have held the secrets to women's mysteries. Those secrets have been hidden, waiting to be revealed. With this wisdom, you can become more charismatic, more sensual, and more confident than ever before.
- In today's fast-paced world, women are searching for the timeless qualities of femininity and those who embrace their feminine bodies will empower their lives.
- Embracing your feminine essence brings vitality and energy into your life, so that you can rock whatever is in front of you.

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# Keynote Topics

AUDIENCE: Corporate Men & Women

## Harness the Power of Your Irrationality

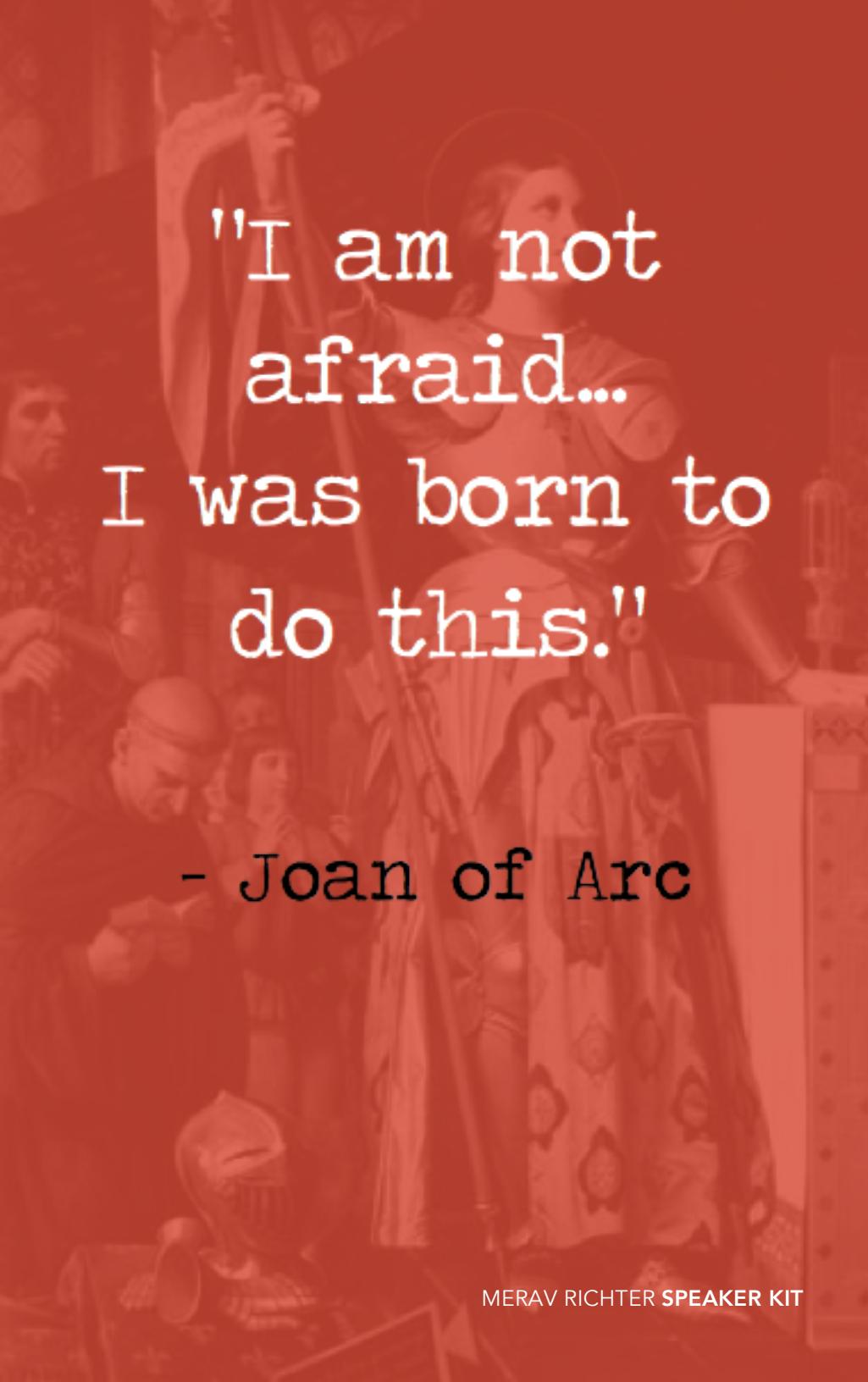
**How to get creative, motivated and think outside the box to skyrocket your career.**

Highlights:

- There is something changing about human motivation. The shift from masculine to feminine, the paradigm of leadership is changing into the emerging relationship model.
- This shift is tantamount to how we do business over the next 5-10 years.
- To harness this trend, businesses must understand the new communication styles of the emerging economy.
- To be more successful in the emerging economy, corporate structure must reflect the power-from-within model and work to attaining a balance in the workforce.
- The industries that don't shape up, will be forced to ship out (usually to the emerging markets that are playing by these new rules!)



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"I am not afraid...  
I was born to  
do this."

- Joan of Arc



- Coco Chanel

# Keynote Topics

AUDIENCE: Corporate & Entrepreneurial Female Audiences

## Putting the Feminine Back into Feminism

**How to leverage your feminine essence to achieve success and become a change-maker in your career.**

### Highlights:

- There is something changing about human motivation. The shift from masculine to feminine, the paradigm of leadership is changing into the emerging relationship model.
- This shift is tantamount to how we do business over the next 5-10 years.
- To harness this trend, businesses must understand the new communication styles of the emerging economy.
- To be more successful in the emerging economy, corporate structure must reflect the power-from-within model and work to attaining a balance in the workforce.
- Embracing your feminine essence brings vitality and energy into your life, so that you can rock whatever is in front of you.

# Keynote Topics

AUDIENCE: Creative, Entrepreneurial & Women

## The Sexier Plan

**How to make money, make an impact and achieve a freedom lifestyle from the comfort of your sofa.**

Highlights:

- Forget Goal-setting, this is Soul-getting! Most goals remain forgotten, but when you make goals with soul, you create a future and a life you love.
- Step-by-Step guidance on just how to create a plan for your future that allows you to stay at your current job or career while doubling, or even tripling your income.
- The 40 Model (work 40 hours per week, for 40 years, then retire for 40% of your pension) is not a reality anymore! You need to set up streams of income that are based on your greatest talents and that you actually want to do forever!

AUDIENCE: Creative & Entrepreneurial

## The Creator's Code

**Create your business, your passion, and your life - *your way***

Highlights:

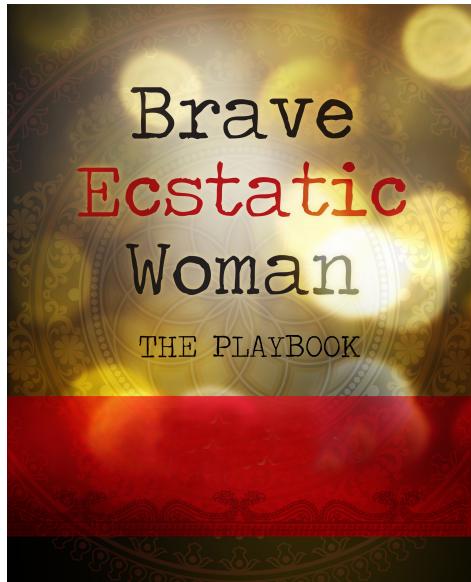
- We are all creators. Yet, most of us don't have the tools to create a business from our creations. The Creator's Code deep-dives you into the fundamentals for creating a business and a life you love.
- What if you could harness the power of social media to launch your creative business?
- Simple strategies to skyrocket your online business and to make whatever you create sizzle.

"There is no place so AWAKE and so ALIVE as the edge of BECOMING."

- Sue Monk Kidd

# Books by Merav Richter

## Brave Ecstatic Woman



*"Ecstasy is our original state. This is where we come from, the Garden of Eden, the state of grace to which we shall one day return. Ecstasy is the final stage of intimacy with spirit that flows through love."*

- Deepak Chopra,  
The 7 Spiritual Laws of Love.

*Brave Ecstatic Woman* is a book that guides and inspires readers to step into their own feminine power, strength and wisdom. It combines sacred knowledge, ancient archetypes and the science of the chakra system

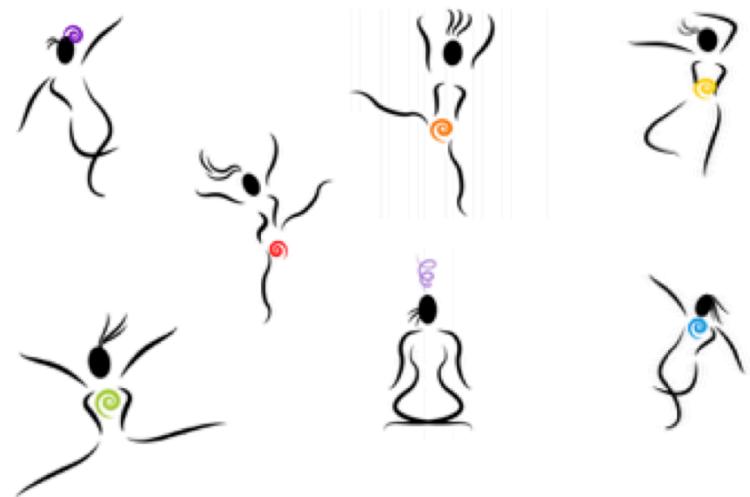
to teach us about the roles we play as women and how they shape our life experiences. Through a completely unique philosophical system developed by Merav Richter, the reader is welcomed to take the Brave Ecstatic Woman Quotient Quiz to assess which is their predominant archetype.

Which of the Seven Sisters do you embody?

**Maia**, the Earth Mama - ruled by the Root Chakra  
**Alcyone**, the Wild Woman - ruled by the Sacral Chakra  
**Electra**, the Wonder Woman - ruled by the Solar Plexus Chakra  
**Celaeno**, the Love Goddess - ruled by the Heart Chakra  
**Taygeta**, the Story Teller - ruled by the Throat Chakra  
**Asterope**, the Wise Woman - ruled by the Third Eye Chakra  
**Merope**, the Mystical Maven - ruled by the Crown Chakra

The Seven Sisters system brings ancient archetypes into the practical modern-day realities of womanhood. By identifying with one of the Seven Sisters, we gain a better understanding of how our characteristics and beliefs shape all of our relationships and life experiences. The reader is guided to align their chakras and truly embrace, embody and empower their own feminine power for a brave ecstatic life

Visit [www.braveecstaticwoman.com](http://www.braveecstaticwoman.com) to take the quiz!



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## The Secret of the Storyteller

*The Secret of the Storyteller* follows the magical journey of Selena Silver, a naive, young flight attendant, as she finds herself embroiled in a Jerusalem uprising. Seeking refuge from the riots, she hides in the home of Sophia, a mystical oracle, who reveals to her ancient secrets that have been hidden for millennia and equally hidden political agendas. This long lost knowledge has the power to shift the paradigm of humanity into a new era of peace, possibility, and hope.

Brimming with esoteric wisdom and told with an enigmatic voice, *The Secret of the Storyteller* is a profoundly moving narrative adventure.

## Ready, Set, Live! Empowering Strategies for an Enlightened Life

*Ready, Set, Live!* is an Amazon-Best-Seller with wisdom from more than 25 transformational leaders, including Janet Bray Attwood, Marci Shimoff and Chris Attwood. EM Richter contributes practical advice and tools for overcoming adversity and consciously creating the life you've always wanted in this inspirational collection.

## Praise for The Secret of the Storyteller:

*"I'm really impressed...deep, profound, spiritual and philosophical."*  
- **Marylin Rice**

*"I thoroughly enjoyed it...so well done! The subject matter is timely and intriguing. Cannot wait to see it in print!"*  
- **Morgan Thomas**

*"I found it very well-written...this is an engaging story with a meritorious message that is also fun to read!"*  
- **Paul Bowersox**

*"Wow! I am truly blown away. As a writer of Spiritual Fiction I really appreciate expressing metaphysical concepts in such an intriguing fashion. The descriptions pop, the story is 'shown' through the characters and the plot is allowed to unfold naturally. Also, begins with conflict to hook the reader (well done!) THE best I've read...you my friend are my hero!! You have a fan here. Both story and message are fantastic."*

- **Marty Hough**

*"So fast-paced and suspenseful! So intelligent and academic in the nicest sense of the word!"*  
- **Connie Wessinger Tucker**



# Contact

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The Ecstatic Movement